



Understanding the Teenage Brain

LEARN ABOUT THE CHANGES THAT OCCUR WITHIN THE
BRAIN DURING ADOLESCENCE AND THE IMPACT ON
MENTAL HEALTH



MAY'S INTERAGENCY

**HOSTED BY HERITAGE PROGRAM FOR SENIOR ADULTS AT VAL VERDE REGIONAL
MEDICAL CENTER**

**IN HONOR OF MENTAL HEALTH AWARENESS MONTH AND OLDER AMERICANS MONTH
A LIGHT LUNCH WILL BE PROVIDED**

SPEAKERS:

LYNDSEE COOPER, MA, LPC

DATE/TIME:

THURSDAY MAY 23, 2019 AT 12:00 PM

LOCATION:

VAL VERDE REGIONAL MEDICAL CENTER
EDUCATION ROOM
801 N. BEDELL
DEL RIO, TX 78840

PLEASE RSVP BY MAY 20, TO 830-778-3629