

# Andalé Del Rio

5K Race

FREE  
Health  
Fair



Presented by Val Verde Regional Medical Center in partnership  
with the Community Health Improvement Coalition

**Saturday, October 5, 2019**  
**8 am to 12 pm**

Check in/on-site registration for 5K from 7 - 8 a.m.  
**Race starts at 8:30 a.m.**

Start/Finish/Health Fair at Buena Vista Park baseball field  
(Fox Drive and Kings Way)

To register for the race or for more information visit:  
**[www.vvrmc.org](http://www.vvrmc.org)**

Proceeds support the health initiatives of Community Health Improvement Coalition.